

Central Loudoun Basketball League Speed and Vertical Jump Training

Powered by TrueAP

ALL SESSIONS HELD AT SIMPSON MIDDLE SCHOOL, LEESBURG.

Grade 6 – Grade 8 & H.S.

Session Days and Times:

Tuesdays

7:15-8:15pm

or

Wednesdays

7:15-8:15pm

ALL SESSIONS AT SIMPSON MIDDLE

Make-up Sessions Available(FREE):

Saturdays @ Hoop Magic, Chantilly

(call for times)

Grade 3 – Grade 5

Session Days and Times:

Tuesdays

6:15-7:15pm

or

Wednesdays

6:15-7:15pm

ALL SESSIONS AT SIMPSONS MIDDLE

Make-up Sessions Available(FREE):

Saturdays @ Hoop Magic, Chantilly

(call for times)

**Benefits
CLBL
Scholarship
Fund.**



Cost Options:

5 sessions = \$70/Athlete

10 sessions = \$120/Athlete

Drop in = \$15/Session/Athlete

Possible Sessions:

Tue: December 01, 08, 15; January 05, 12, 19, 26; February 02, 09, 16

Wed: December 02, 09, 16; January 06, 13, 20, 27; February 03, 10, 17

Registration:

www.clbl.org/clinics_camps.html

Link to Sportability

About True Athlete Performance

703.996.3500

www.TrueAP.com