

Appendix D Playing Time Examples

EXAMPLE 1 - Play my **9 players** so that five players stay in for the entire quarter. Give maximum allowable playing time to player 1 and 2, the best players on your team. Players 1 and 2 play 75% of the game. Players 3-9 play 50% of the game.

| Quarter | IN ENTIRE QUARTER | OUT ENTIRE QUARTER | SUBS |
|---------|--------------------------|--------------------|---------|
| 1st | Players 2, 3, 5, 7 and 9 | Players 1 and 4 | No subs |
| 2nd | Players 1, 2, 4, 6 and 8 | Players 3 and 5 | No subs |
| 3rd | Players 1, 3, 5, 7 and 9 | Players 2, 6 and 8 | No subs |
| 4th | Players 1, 2, 4, 6 and 8 | Players 7 and 9 | No subs |

| Quarter | IN ENTIRE QUARTER | OUT ENTIRE QUARTER | SUBS |
|---------|--------------------------|--------------------|---------|
| 1st | Players 2, 4, 5, 7 and 9 | Players 1 and 3 | No subs |
| 2nd | Players 1, 2, 3, 6 and 8 | Players 4 and 5 | No subs |
| 3rd | Players 1, 4, 5, 7 and 9 | Players 2, 6 and 8 | No subs |
| 4th | Players 1, 2, 3, 6 and 8 | Players 7 and 9 | No subs |

| Quarter | IN ENTIRE QUARTER | OUT ENTIRE QUARTER | SUBS |
|---------|--------------------------|--------------------|---------|
| 1st | Players 1, 2, 5, 7 and 9 | Players 3 and 4 | No subs |
| 2nd | Players 2, 3, 4, 6 and 8 | Players 1 and 5 | No subs |
| 3rd | Players 1, 4, 5, 7 and 9 | Players 2, 6 and 8 | No subs |
| 4th | Players 1, 2, 3, 6 and 8 | Players 7 and 9 | No subs |

| Quarter | IN ENTIRE QUARTER | OUT ENTIRE QUARTER | SUBS |
|---------|--------------------------|--------------------|---------|
| 1st | Players 1, 2, 5, 7 and 9 | Players 3 and 4 | No subs |
| 2nd | Players 2, 3, 4, 6 and 8 | Players 1 and 5 | No subs |
| 3rd | Players 1, 4, 5, 8 and 9 | Players 2, 6 and 7 | No subs |
| 4th | Players 1, 2, 3, 6 and 7 | Players 8 and 9 | No subs |

EXAMPLE 2 - Play my **8 players** evenly. Four players stay in for an entire quarter for each quarter of the game. Two players are available to split the last spot on the court each quarter, or one of these players may play the entire quarter (see SUBS column).

| Quarter | IN ENTIRE QUARTER | OUT ENTIRE QUARTER | SUBS (can split last spot on court) |
|---------|-----------------------|--------------------|--|
| 1st | Players 5, 6, 7 and 8 | Players 1 and 2 | Players 3 and 4 |
| 2nd | Players 1, 2, 3 and 4 | Players 7 and 8 | Players 5 and 6 |
| 3rd | Players 1, 2, 5 and 6 | Players 3 and 4 | Players 7 and 8 |
| 4th | Players 3, 4, 7 and 8 | Players 5 and 6 | Players 1 and 2 |

| Quarter | IN ENTIRE QUARTER | OUT ENTIRE QUARTER | SUBS (can split last spot on court) |
|---------|-----------------------|--------------------|--|
| 1st | Players 2, 4, 6 and 8 | Players 1 and 5 | Players 3 and 7 |
| 2nd | Players 1, 3, 5 and 7 | Players 2 and 6 | Players 4 and 8 |
| 3rd | Players 5, 6, 7 and 8 | Players 3 and 4 | Players 1 and 2 |
| 4th | Players 1, 2, 3 and 4 | Players 7 and 8 | Players 5 and 6 |

EXAMPLE 3 - Play my **8 players** so that three or five players stay in for the entire quarter.

Some quarters no subs are allowed. In other quarters, 3-4 players are available to split two spots on the court each quarter, or two of these players may play the entire quarter (see SUBS column).

| Quarter | IN ENTIRE QUARTER | OUT ENTIRE QUARTER | SUBS (can split two spots on court) |
|---------|--------------------------|--------------------|--|
| 1st | Players 1, 2, 3, 4 and 5 | Players 6, 7 and 8 | No subs |
| 2nd | Players 6, 7 and 8 | Player 1 | Players 2, 3, 4 and 5 |
| 3rd | Players 1, 2, 6, 7 and 8 | Players 3, 4 and 5 | No subs |
| 4th | Players 3, 4 and 5 | Player 2 | Players 1, 6, 7 and 8 |

| Quarter | IN ENTIRE QUARTER | OUT ENTIRE QUARTER | SUBS (can split two spots on court) |
|---------|--------------------------|--------------------|--|
| 1st | Players 2, 3, 4, 5 and 7 | Players 1, 6 and 8 | No subs |
| 2nd | Players 1, 3, 4, 6 and 8 | Players 2, 5 and 7 | No subs |
| 3rd | Players 6, 7 and 8 | Players 3 and 4 | Players 1, 2 and 5 |
| 4th | Players 1, 2, 3, 4 and 5 | No one designated | No subs |

EXAMPLE 4 - Play my **8 players** so that my five best players play the entire last quarter, and my four best players play the maximum amount (75%). This means the other four players play 50% of the time.

| Quarter | IN ENTIRE QUARTER | OUT ENTIRE QUARTER | SUBS |
|---------|--------------------------|--------------------|---------|
| 1st | Players 3, 4, 6, 7 and 8 | Players 1, 2 and 5 | No subs |
| 2nd | Players 1, 2, 3, 4 and 5 | Players 6, 7 and 8 | No subs |
| 3rd | Players 1, 2, 6, 7 and 8 | Players 3 and 4 | No subs |
| 4th | Players 1, 2, 3, 4 and 5 | No one designated | No subs |

| Quarter | IN ENTIRE QUARTER | OUT ENTIRE QUARTER | SUBS |
|---------|--------------------------|--------------------|---------|
| 1st | Players 2, 3, 4, 6 and 7 | Players 1, 5 and 8 | No subs |
| 2nd | Players 1, 3, 4, 5 and 8 | Players 2, 6 and 7 | No subs |
| 3rd | Players 1, 2, 6, 7 and 8 | Players 3 and 4 | No subs |
| 4th | Players 1, 2, 3, 4 and 5 | No one designated | No subs |

EXAMPLE 5 - Play my **7 players** so that my strongest players are in at the end of the game. Player 1 is the strongest. Player 7 is the weakest.

During the 1st quarter, players 2 and 3 must stay in the entire quarter. Some combination of players 4, 5, 6 and 7 split the remaining three spots during the 1st quarter.

| Quarter | IN ENTIRE QUARTER | OUT ENTIRE QUARTER | SUBS |
|---------|-----------------------|--------------------|-----------------------|
| 1st | Players 2, 3 | Players 1 | Players 4, 5, 6 and 7 |
| 2nd | Players 1, 4, 5, 6, 7 | Players 2 and 3 | No subs |
| 3rd | Players 1, 2, 3, 6, 7 | Players 4 and 5 | No subs |
| 4th | Players 1, 2, 3, 4, 5 | Player 6 and 7 | No subs |

EXAMPLE 6 - Play my **7 players** so that my strongest players play the maximum allowable amount and are in at the end of the game. Player 1 is the strongest. Player 7 is the weakest.

During the 1st quarter, players 2, 3, 4 and 5 must stay in the entire quarter. Players 6 and 7 split the remaining spot during the 1st quarter, or one of these players may play the entire 1st quarter (see SUBS column).

| Quarter | IN ENTIRE QUARTER | OUT ENTIRE QUARTER | SUBS |
|---------|-----------------------|--------------------|-----------------|
| 1st | Players 2, 3, 4, 5 | Players 1 | Players 6 and 7 |
| 2nd | Players 1, 4, 5, 6, 7 | Players 2 and 3 | No subs |
| 3rd | Players 1, 2, 3, 6, 7 | Players 4 and 5 | No subs |
| 4th | Players 1, 2, 3, 4, 5 | Player 6 and 7 | No subs |

| Quarter | IN ENTIRE QUARTER | OUT ENTIRE QUARTER | SUBS |
|---------|-----------------------|--------------------|-----------------|
| 1st | Players 2, 3, 4, 5 | Players 1 | Players 6 and 7 |
| 2nd | Players 1, 3, 5, 6, 7 | Players 2 and 4 | No subs |
| 3rd | Players 1, 2, 4, 6, 7 | Players 3 and 5 | No subs |
| 4th | Players 1, 2, 3, 4, 5 | Player 6 and 7 | No subs |

EXAMPLE 7 - **Six-player team** whose objective is to play the strongest players for the maximum allowable amount, and have the weakest player sit the fourth quarter. Play two players the entire game and four players 75% of the game. Best players are players 1 and 2. Weakest player is player 6.

| Quarter | IN ENTIRE QUARTER | OUT ENTIRE QUARTER | SUBS |
|---------|-----------------------|--------------------|---------|
| 1st | Players 1, 2, 4, 5, 6 | Player 3 | No subs |
| 2nd | Players 1, 2, 3, 5, 6 | Player 4 | No subs |
| 3rd | Players 1, 2, 3, 4, 6 | Player 5 | No subs |
| 4th | Players 1, 2, 3, 4, 5 | Player 6 | No subs |

EXAMPLE 8 - Six-player team whose objective is to have everyone sit out. The two weakest players are players 5 and 6.

During the 1st quarter, players 2, 4, 5 and 6 must stay in the entire quarter. Players 1 and 3 split the remaining spot during the 1st quarter (see SUBS column).

During the 2nd quarter, players 1, 3, 5 and 6 must stay in the entire quarter. Players 2 and 4 split the remaining spot during the 2nd quarter (see SUBS column).

| Quarter | IN ENTIRE QUARTER | OUT ENTIRE QUARTER | SUBS (split spot on court) |
|---------|-----------------------|--------------------|-------------------------------|
| 1st | Players 2, 4, 5, 6 | --- | Players 1 and 3 |
| 2nd | Players 1, 3, 5, 6 | --- | Players 2 and 4 |
| 3rd | Players 1, 2, 3, 4, 6 | Player 5 | No subs |
| 4th | Players 1, 2, 3, 4, 5 | Player 6 | No subs |

DREAM TEAM ROSTER (6-9 player teams)

Example 1 from Playing Time Examples (9-player team)

| Jersey # | Player | 1 st Quarter | 2 nd Quarter | 3 rd Quarter | 4 th Quarter |
|----------|------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| 3 | Dwyane Wade | NO | √ | √ | √ |
| 4 | Antawn Jamison | √ | √ | NO | √ |
| 15 | Carmello Anthony | √ | NO | √ | |
| 21 | Kevin Garnett | NO | √ | NO | √ |
| 23 | LeBron James | √ | NO | √ | |
| 31 | Reggie Miller | NO | √ | NO | √ |
| 33 | Shaquille O'Neal | √ | NO | √ | |
| 50 | Emeka Okafor | NO | √ | NO | √ |
| 54 | Kwame Brown | √ | NO | √ | NO |

Example 2 from Playing Time Examples (8-player team)

| Jersey # | Player | 1 st Quarter | 2 nd Quarter | 3 rd Quarter | 4 th Quarter |
|----------|------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| 3 | Dwyane Wade | NO | √ | √ | Sub |
| 4 | Antawn Jamison | NO | √ | √ | Sub |
| 15 | Carmello Anthony | Sub | √ | NO | √ |
| 21 | Kevin Garnett | Sub | √ | NO | √ |
| 23 | LeBron James | √ | Sub | √ | NO |
| 31 | Reggie Miller | √ | Sub | √ | NO |
| 33 | Shaquille O'Neal | √ | NO | Sub | √ |
| 50 | Emeka Okafor | √ | NO | Sub | √ |

Example 6 from Playing Time Examples (7-player team)

| Jersey # | Player | 1 st Quarter | 2 nd Quarter | 3 rd Quarter | 4 th Quarter |
|----------|------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| 3 | Dwyane Wade | NO | √ | √ | √ |
| 4 | Antawn Jamison | √ | NO | √ | √ |
| 15 | Carmello Anthony | √ | √ | NO | √ |
| 21 | Kevin Garnett | √ | NO | √ | √ |
| 23 | LeBron James | √ | √ | NO | √ |
| 31 | Reggie Miller | Sub | √ | √ | NO |
| 33 | Shaquille O'Neal | Sub | √ | √ | NO |

Example 8 from Playing Time Examples (6-player team)

| Jersey # | Player | 1 st Quarter | 2 nd Quarter | 3 rd Quarter | 4 th Quarter |
|----------|------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| 3 | Dwyane Wade | Sub | √ | √ | √ |
| 15 | Carmello Anthony | √ | Sub | √ | √ |
| 21 | Kevin Garnett | Sub | √ | √ | √ |
| 23 | LeBron James | √ | Sub | √ | √ |
| 31 | Reggie Miller | √ | √ | NO | √ |
| 33 | Shaquille O'Neal | √ | √ | √ | NO |

Date:

Teams:

| Jersey # | Player | 1 st Quarter | 2 nd Quarter | 3 rd Quarter | 4 th Quarter |
|----------|--------|----------------------------|----------------------------|----------------------------|----------------------------|
| | | X | | X | |
| | | X | / X | X | |
| | | X | X / | | X |
| | | X | / X | | X |
| | | X | X / | | X |
| | | | X | X | X / |
| | | | X | X | / X |
| | | | X | X | X / |

Please list players in numeric order to help the scorekeepers.

PLAYING TIME RULES SUMMARY:

- Each player **must play one full, continuous quarter in each half** of the game.
- For teams with 7 or more players, **each player must sit out one full, continuous quarter per game.**
- Playing time rules are determined by the number of eligible players in uniform on the bench at the end of the first quarter.

| # of players | Minimum playing time | Maximum playing time | In-quarter Substitutions |
|--------------|----------------------|----------------------|---|
| 6 | 75% | 100% | Yes, in accordance with minimum playing time rules. |
| 7 | 50% | 75% | Yes, in accordance with minimum playing time rules. |
| 8 | 50% | 75% | Yes, in accordance with minimum playing time rules. |
| 9 | 50% | 75% | Yes, in accordance with minimum playing time rules. |
| 10 | 50% | 50% | Yes, in accordance with minimum playing time rules. |

Substitutions:

- Player required to leave court by official: coach may make a one-for-one substitution. The player substituted in should be a player scheduled to play less than 75% of game. The coach must return exited player to court as soon as possible. The quarter will be considered played in full for exited player, and sat out in full for substituted player.

- Player fouled out: Coach should put in a player scheduled to play less than 75% of game. For 7 player team, player fouled out by the 2nd quarter it is understood coach may not be able to adhere to maximum playing time rule (i.e., two players may end up playing all four quarters).

Note: During overtime there are no playing time restrictions.